**NATIONAL DEVELOPMENT PLAN CLUB GRADES - PROGRESSION CHART**

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| **(2015 onwards) CLUB & REGIONAL GRADES** | | **NATIONAL GRADES** | |
| **COUNTY/REGIONAL COMPETITIONS ONLY** | | **REGIONAL QUALIFYING COMPETITION LEADING TO A NATIONAL FINAL** | |
| **GRADE** | **AGE [in year of competition]** | **GRADE** | **AGE [in year of competition]** |
| **6** 8 years [minimum] | |  | |
| **5** 9 years [minimum] | |  | |
| **4** | 10 years [minimum] | **4** | 10 years [minimum] |
| **3** | 11 years [minimum] | **3** | 11 years [minimum] |
| **2** | 12 years [minimum] | **2** | 12 years [minimum] |
| **1** | 13 years [minimum] | **1** | 13 years [minimum] |

For 2015 gymnasts can enter any grade deemed appropriate by their coach regardless of which grade they have competed on the old system **except** any

gymnast who has passed Club Grade 5 may only enter National 1

 From 2016 onwards gymnasts must progress in a forward, developmental manner

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 Only one Grade may be taken per year. Progression should be forward and developmental.

 All Club, Regional and National Grade exercises are marked out of **14.00** (maximum) unless stated otherwise.

 To qualify for the National Grades Final, a gymnast must have passed the Grade.

 There is NO minimum score on any apparatus, including Range & Conditioning.

 Range and Conditioning will be performed at National Final.