**NATIONAL DEVELOPMENT PLAN CLUB GRADES - PROGRESSION CHART**

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| **(2015 onwards) CLUB & REGIONAL GRADES**  | **NATIONAL GRADES**  |
| **COUNTY/REGIONAL COMPETITIONS ONLY**  | **REGIONAL QUALIFYING COMPETITION LEADING TO A NATIONAL FINAL**  |
| **GRADE**  | **AGE [in year of competition]**  | **GRADE**  | **AGE [in year of competition]**  |
|  **6** 8 years [minimum]  |   |
|  **5** 9 years [minimum]  |  |
| **4**  | 10 years [minimum]  | **4**  | 10 years [minimum]  |
| **3**  | 11 years [minimum]  | **3**  | 11 years [minimum]  |
| **2**  | 12 years [minimum]  | **2**  | 12 years [minimum]  |
| **1**  | 13 years [minimum]  | **1**  | 13 years [minimum]  |

For 2015 gymnasts can enter any grade deemed appropriate by their coach regardless of which grade they have competed on the old system **except** any

gymnast who has passed Club Grade 5 may only enter National 1

 From 2016 onwards gymnasts must progress in a forward, developmental manner

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 Only one Grade may be taken per year. Progression should be forward and developmental.

 All Club, Regional and National Grade exercises are marked out of **14.00** (maximum) unless stated otherwise.

 To qualify for the National Grades Final, a gymnast must have passed the Grade.

 There is NO minimum score on any apparatus, including Range & Conditioning.

 Range and Conditioning will be performed at National Final.